

SAVERIO STRANGES, MD, PhD

NATIONALITY/DATE OF BIRTH

It

CURRENT POSITION

Scientific Director Population Health Department
Head of Epidemiology & Public Health Research Unit
Luxembourg Institute of Health (LIH)

Affiliated Faculty:

Honorary Clinical Professor
Division of Health Sciences
University of Warwick Medical School, Coventry, United Kingdom

Department of Epidemiology & Environmental Health
State University of New York at Buffalo, Buffalo, NY, USA

Department of Epidemiology & Public Health
University College London, UK

Department of Preventive Medical Sciences
"Federico II" University of Naples Medical School, Naples, Italy

Institute of Food Sciences, Italian National Research Council, Avellino, Italy

LANGUAGES

Reading, Writing, Speaking:
English (Fluent All)
Italian (Fluent All)
Spanish (Basic All)

EDUCATION

MD (MB BS) (30th July 1996)
"Federico II" University of Naples Medical School, Italy
Grade: 110/110 cum laude

Specialty training (1st November 1996 – 12th October 2000)
Preventive Medicine/Epidemiology and Public Health
Department of Preventive Medical Sciences
"Federico II" University of Naples Medical School, Italy
Grade: 70/70 cum laude

Dissertation Title: "*Principles, mechanisms and implementation of primordial prevention: a challenge for community medicine of the future*"

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PhD Environmental Hygiene/Epidemiology (November 2000 – February 2004)

Department of Preventive Medical Sciences

“Federico II” University of Naples Medical School, Italy

Dissertation Title: “SETIL Study: epidemiologic multicenter study on the environmental risk factors for emolinphopoietic tumors in the childhood”

Postdoctoral Research Fellow (August 2002 – July 2005)

Department of Social & Preventive Medicine

School of Public Health and Health Professions

State University of New York at Buffalo, Buffalo, NY, USA

MA - Postgraduate Certificate in Academic and Professional Practice (PCAPP)

January 2007-November 2009

University of Warwick, UK

PROFESSIONAL EXPERIENCE

- 4/2015-present Scientific Director Department of Population Health, Head of Epidemiology & Public Health Research Unit, Luxembourg Institute of Health (LIH)
- 2011-3/2015 Associate Clinical Professor of Cardiovascular Epidemiology (tenured), Director of Clinical Academic Training in Public Health, Division of Health Sciences, University of Warwick Medical School, Coventry, UK, Honorary Consultant Physician in Public Health Medicine (UHCW)
- 2006-2011 Senior Clinical Lecturer in Cardiovascular Epidemiology (not tenured), Division of Health Sciences, University of Warwick, UK
- 2005-2006 Assistant Professor, Department of Social & Preventive Medicine, State University of New York at Buffalo, Buffalo, NY, USA
- 2002-2005 Research Instructor, Department of Social & Preventive Medicine, State University of New York at Buffalo, Buffalo, NY, USA
- 1996-2000 Resident in Preventive Medicine, "Federico II" University of Naples Medical School, Italy

CERTIFICATION AND SPECIALTY BOARDS

- 2007 Fellow of the Faculty of Public Health (UK)
- 2006 Board Certification (UK) in Public Health Medicine
- 2006 National Boards (UK) in Medicine and Surgery
- 2000 Board Certification (Italy) in Preventive Medicine
- 1997 National Boards (Italy) in Medicine and Surgery

PROFESSIONAL AWARDS

- 2014 Recipient of the Trudy Bush Fellowships for Cardiovascular Disease Research in Women's Health, Epidemiology & Prevention/Nutrition, Physical Activity & Metabolism 2014 Scientific Sessions, March 18-21, 2014, San Francisco, CA, USA
- 2006 Finalist for the Sandra Daugherty Award for Excellence in Cardiovascular Disease or Hypertension Epidemiology at the 46th Annual Conference on Cardiovascular Disease Epidemiology and Prevention, March 2-5, 2006, Phoenix, AZ, USA
- 2004 First Prize for Research in Population Sciences, J. Warren Perry Lecture 2004, State University of New York at Buffalo, Buffalo, NY, USA
- 1996 Magna Cum Laude, "Federico II" University of Naples Medical School, Italy

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PROFESSIONAL AFFILIATIONS

Fellow of the American Heart Association (FAHA), Fellow of the Faculty of Public Health (UK), European Public Health Association (EUPHA), EuroHealthNet (Executive Board Member)

EDITORIAL ACTIVITIES

Peer review activities

Addiction, American Journal of Epidemiology, Annals of Epidemiology, Annals of Internal Medicine, Archives of Internal Medicine, British Medical Journal, Circulation, Diabetes, Diabetes Care, Epidemiology, European Heart Journal, Hypertension, Journal of Behavioural Medicine, Journal of Human Hypertension, Journal of Hypertension, Metabolism, Nutrition Metabolism & Cardiovascular Disease, PLoSOne, Preventive Medicine

Regular abstract reviewer for the annual Scientific Sessions on Cardiovascular Disease Epidemiology & Prevention, Nutrition, Physical Activity & Metabolism, American Heart Association (USA), and the annual scientific meeting of the Society for Social Medicine (UK)

Editorial board memberships

- 2008- Editorial board, *Nutrition Metabolism & Cardiovascular Disease (NMCD)*
(<http://www.nmcd-journal.com/>)
- 2014- Editorial board, *Sleep Health* (<http://www.journals.elsevier.com/sleep-health/>)
- 2015- Editorial board, *Journal of Geriatric Cardiology*
(http://www.jgc301.com/ch/reader/view_editorial_board.aspx)
- 2015- Associate Editor, *International Journal of Public Health*
(<http://www.springer.com/public+health/journal/38?detailsPage=editorialBoard>)

RESEARCH INTERESTS

- Cardio-metabolic disease epidemiology and prevention
- Dietary patterns, micronutrients and cardio-metabolic health
- Sleep patterns, quality of life and ageing research
- Global public health
- Cross-cultural research in chronic disease epidemiology

CLINICAL WORK/PUBLIC HEALTH MEDICINE

- Director of the Academic Clinical Training in Public Health at the University of Warwick Medical School (2010-2015).
- Honorary Consultant Physician in Public Health Medicine at the University Hospital of Coventry and Warwickshire (UHCW), working in the Lipid and Coronary Prevention Outpatient Clinics, within the WISDEM (Warwickshire InStitute for Diabetes, Endocrinology and Metabolism) Centre (2010-2015).
- Clinical expertise in the management of high-risk cardiovascular subjects by using a combined approach including both pharmacological treatment and lifestyle modifications.

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PUBLICATIONS IN PEER-REVIEWED JOURNALS (overall h-index = 37)

1. Nduka CU, **Stranges S**, Bloomfield GS, Kimani PK, Achinge G, Malu AO, Uthman OA. A plausible causal link between antiretroviral therapy and increased blood pressure in a sub-Saharan African setting: A propensity score-matched analysis. *Int J Cardiol.* 2016;220:400-407. [[Medline](#)]
2. Mensinger J, Calogero RM, **Stranges S**. A weight-neutral versus weight-loss approach for health promotion in women with high BMI: A randomized-controlled trial. *Appetite.* 2016;105:364-374. [[Medline](#)]
3. Samouda H, De Beaufort C, **Stranges S**, Van Nieuwenhuyse JP, Dooms G, Keunen O, Leite S, Vaillant M, Lair ML, Dadoun F. Subtraction of subcutaneous fat to better predict visceral adiposity: A new anthropometric algorithm in youths. *Pediatric Diabetes.* 2016;doi:10.1111/pedi.12415. [[Medline](#)]
4. Crichton GE, Elias MF, Alkerwi A, **Stranges S**, Abhayaratna WP. Relation of habitual chocolate consumption to arterial stiffness in a community based sample: Preliminary findings. *Pulse.* 2016;4:28-37. [[Medline](#)]
5. Nduka C, Uthman OA, Kimani PK, Malu AO, **Stranges S**. Impact of Body Fat Changes in Mediating the Effects of Antiretroviral Therapy on Blood Pressure in HIV-infected Persons in a sub-Saharan African Setting. *Infect Dis Poverty.* 2016;5(1):55. [[Medline](#)]
6. Nduka CU, Uthman OA, Kimani PK, **Stranges S**. Body Fat Changes in People Living with HIV on Antiretroviral Therapy. *AIDS Rev.* 2016;18. [[Medline](#)]
7. Gianfagna F, Veronesi G, Bertù L, Cesana G, Grassi G, **Stranges S**, Callegari C, Ferrario M. Influence of sleep disturbances on age at onset and long-term incidence of major cardiovascular events. The MONICA-Brianza and PAMELA cohort studies. *Sleep Medicine.* 2016;21:126-32. [[Medline](#)]
8. Muka T, Nano J, Voortman T, Braun KV, Ligthart S, **Stranges S**, Bramer WM, Troup J, Chowdhury R, Dehghan A, Franco OH. The role of global and regional DNA methylation and histone modifications in glycemic traits and type 2 diabetes: A systematic review. *Nutr Metab Cardiovasc Dis.* 2016; 26(7):553-66. [[Medline](#)]
9. De Gaetano G, Costanzo S, Di Castelnuovo A, Bejko D, Alkerwi A, Badimon L, Chiva-Blanch G, Estruch R, La Vecchia C, Panico S, Pounis G, Sofi F, **Stranges S**, Trevisan M, Ursini F, Cerletti C, Benedetta Donati M, Lacoviello L. Effects of moderate beer consumption on health and disease: a consensus document. *Nutr Metab Cardiovasc Dis.* 2016;26:443-67. [[Medline](#)]
10. Alkerwi A, Sauvageot N, Crichton GE, Elias MF, **Stranges S**. Daily chocolate consumption is inversely associated with insulin resistance and liver enzymes in the Observation of Cardiovascular Risk Factors study. *Br J Nutr.* 2016;115:1661-8. [[Medline](#)]
11. Ezejimofor MC, Chen Y-F, Kandala N-B, Ezejimofor BC, Ezeabasili AC, **Stranges S**, Uthman OA. Stroke survivors in low-and middle-income countries: A meta-analysis of prevalence and secular trends. *J Neurol Sci.* 2016;364:68-76. [[Medline](#)]
12. Ezejimofor MC, Uthman OA, Maduka O, Ezeabasili AC, Onwuchekwa AC, Ezejimofor BC, Asuquo E, Chen Y-F, **Stranges S**, Kandala N-B. The burden of hypertension in an oil and gas-polluted environment: a comparative cross-sectional study. *Am J Hyperten.* 2016;pii: hpw009. [[Medline](#)]
13. Adekanmbi VT, Kandala NB, **Stranges S**, Uthman OA. What factors predict differences in childhood mortality in Nigerian communities: a prognostic model? *The Journal of Pediatrics.* 2016;168:144-150.e1. [[Medline](#)]
14. Samouda H, De Beaufort C, **Stranges S**, et al. Cardiometabolic risk: leg fat is protective during childhood. *Pediat Diabetes.* 2016;17:300-8. [[Medline](#)]
15. Sarki AM, Nduka C, **Stranges S**, Kandala NB, Uthman OA. Prevalence of Hypertension in Low- and Middle-income Countries: A Systematic Review and Meta-analysis. *Medicine.* 2015;94:e1959. [[Medline](#)]

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16. Nduka CU, Uthman OA, Kimani PK, **Stranges S**. Drug Abuse in People Living with HIV in the Era of Highly Active Antiretroviral Therapy: A Systematic Review and Meta-Analysis. *J Addict Res Ther*. 2015;6:255. [[Medline](#)]
17. Samouda H, de Beaufort C, **Stranges S**, Guinhouya BC, Gilson G, Hirsch M, Jacobs J, Vaillant M, Dadoun F. Adding anthropometric measures of regional adiposity to BMI improves prediction of cardiometabolic, inflammatory and adipokines profiles in youths: A cross-sectional study. *BMC Pediatrics*. 2015;15(1):168. [[Medline](#)]
18. Nduka C, **Stranges S**, Sarki AM, Kimani P, Uthman OA. Evidence of increased blood pressure and hypertension risk among people living with HIV on antiretroviral therapy: a systematic review with meta-analysis. *J Hum Hypertens*. 2015;30(6):355-62. [[Medline](#)]
19. Cold F, Winther KH, Pastor-Barriuso R, Rayman MP, Guallar E, Nybo M, Griffin BA, **Stranges S**, Cold S. Randomized controlled trial of the effect of long-term selenium supplementation on plasma cholesterol in an elderly Danish population. *Br J Nutr*. 2015; 114:1807-18. [[Medline](#)]
20. Sannino G, Melillo P, **Stranges S**, De Pietro G, Pecchia L. Short term Heart Rate Variability to predict blood pressure drops due to standing: a Pilot Study. *BMC Med Inform Decis Mak*. 2015;15 Suppl 3:S2. doi: 10.1186/1472-6947-15-S3-S2. [[Medline](#)]
21. Perquin M, Diederich N, Pastore J, Lair ML, **Stranges S**, Vaillant M. Prevalence of Dementia and Cognitive Complaints in the Context of High Cognitive Reserve: A Population-Based Study. *PLoS One* 2015;10:e0138818. [[Medline](#)]
22. Hartley L, Clar C, Flowers N, **Stranges S**, Rees K. Vitamin K for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2015;9:CD011148. [[Medline](#)]
23. Nduka C, Sarki AM, Uthman OA, **Stranges S**. Impact of Antiretroviral Therapy on Serum Lipoprotein Levels and Dyslipidemias: A Systematic Review and Meta-analysis. *Int J Cardiol*. 2015;199:307-318. [[Medline](#)]
24. Siddiqui ST, Kandala N-B, **Stranges S**. Urbanization and geographic variation of overweight and obesity in India: a cross-sectional analysis of the India Demographic Health Survey 2005-2006. *Int J Public Health* 2015;60(6):717-26. [[Medline](#)]
25. Alkerwi A, Sauvageot N, Gilson G, **Stranges S**. Prevalence and correlates of vitamin D deficiency and insufficiency in Luxembourg adults: evidence from the observation of cardiovascular risk factors (ORISCAV-LUX) study. *Nutrients*. 2015;7(8):6780-96.
26. de Cates A, **Stranges S**, Blake A, Weich S. Mental Wellbeing - An Important Outcome for Mental Health Services? *Br J Psychiatry*. 2015;207(3):195-7. [[Medline](#)]
27. Sannino G, Melillo P, **Stranges S**, De Pietro G, Pecchia L. Blood Pressure Drop Prediction by using HRV measurements in Orthostatic Hypotension. *Journal of Medical Systems* 2015;39(11):292. [[Medline](#)]
28. Adekanmbi VT, Kandala NB, **Stranges S**, Uthman OA. Contextual socioeconomic factors associated with childhood mortality in Nigeria: a multilevel analysis. *J Epidemiol Community Health*. 2015; 69:1102-8. [[Medline](#)]
29. **Stranges S**, Donahue RP. Health-related quality of life and risk of hypertension in the community: prospective results from the Western New York Health Study. *Journal of Hypertension* 2015;33:720-26. [[Medline](#)]
30. Stewart-Brown S, Samaraweera P, Taggart F, , Kandala N-B, **Stranges S**. Socio-economic gradients and mental health: implications for public health. *Br J Psychiatry*. 2015;206(6):461-5. [[Medline](#)]
31. Flowers N, Hartley L, Todkill D, Clarke A, **Stranges S**, Rees K. Co-enzyme Q10 supplementation for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2014;12:CD010405. [[Medline](#)]
32. Assmann G, Buono P, A. Daniele, E. Della Valle, E. Farinaro, G. Ferns, V. Krogh, D. Kromhout, L. Masana, J. Merino, G. Misciagna, S. Panico, G. Riccardi, F. Rozza, F. Salvatore, V. Salvatore, **S. Stranges**, et al. Functional foods and cardio-metabolic diseases - International Task Force for Prevention of Cardio-metabolic Diseases. *Nutr Metab Cardiovasc Dis*. 2014;24(12):1272-300. [[Medline](#)]

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33. **Stranges S**, Samaraweera P, Taggart F, Kandala N-B, Stewart-Brown S. Major health-related behaviors and mental wellbeing in the general population: the Health Survey for England. *BMJ Open* 2014;4:e005878. [[Medline](#)]
34. Jones MR, Barnoya J, **Stranges S**, Losonczy L, Navas-Acien A. Cardiovascular events following smoke-free legislations: an updated systematic review and meta-analysis. *Current Environmental Health Reports* 2014;1(3):239-249. [[Medline](#)]
35. Kandala N-B, **Stranges S**. Geographic Variation of overweight and obesity among women in Nigeria: a case for nutritional transition in Sub-Saharan Africa. *PLoS One*. 2014;9(6):e101103. [[Medline](#)]
36. Kandala N-B, Manda SOM, Tigbe W, Mwambi H, **Stranges S**. Geographic distribution of cardiovascular comorbidities in South Africa: a national cross-sectional analysis. *Journal of Applied Statistics* 2014;41(6):1203-1216. [[Medline](#)]
37. Donahue RP, **Stranges S**, Rafalson L, Dmochowski J, Dorn JM, Trevisan M. Risk Factors for Prehypertension in the Community: A longitudinal analysis from the Western New York Health Study. *Nutr Metab Cardiovasc Dis*. 2014;24(2):162-7. [[Medline](#)]
38. Gómez-Olivé XF, Thorogood M, Kandala N-B, Tigbe W, Kahn K, Tollman S, **Stranges S**. Sleep Problems and mortality in rural South Africa: novel evidence from a low-resource setting. *Sleep Medicine* 2014;15(1):56-63. [[Medline](#)]
39. Guallar E, **Stranges S**, Mulrow C, Appel L, Miller ER 3rd. Enough is enough – Stop Wasting Money on Vitamin and Mineral Supplements. *Ann Intern Med*. 2013;159(12):850-851. [[Medline](#)]
40. Sutcliffe P, Connock M, Gurung T, Freeman K, Johnson S, Kandala N-B, Grove A, Gurung B, Morrow S, **Stranges S**, Clarke A. Benefits and Harms of Aspirin use in Primary Prevention of Cardiovascular Disease and Cancer: A Systematic Review and Overview of Reviews of Randomized Trial Evidence. *PLoS One*. 2013;8(12):e81970. [[Medline](#)]
41. Spina A, Guallar E, Rayman MP, Tigbe W, **Stranges S**. Anthropometric Indices and Selenium Status in British Adults: The UK National Diet and Nutrition Survey. *Free Radic Biol Med*. 2013;65:1315-21. [[Medline](#)]
42. Sabino P, **Stranges S**, Strazzullo P. Does selenium matter in cardio-metabolic disorders? A short review of the evidence. *J Endocrinol Invest*. 2013;36(10 Suppl):21-7. [[Medline](#)]
43. Gilmour H, **Stranges S**, Kaplan M, Feeny D, McFarland B, Huguet N, Bernier J. Longitudinal trajectories of sleep duration. *Health Reports*. 2013;24(11):14-20. [[Medline](#)]
44. Al-Khudairy L, **Stranges S**, Kumar S, Al-Dagher N, Rees K. Emerging Epidemic of Type 2 Diabetes in the Middle East: Does Diet Play a Major Role? – A Systematic Review. *Nutrients*. 2013;5(10):3871-97. [[Medline](#)]
45. Rees K, Hartley L, Flowers N, Clarke A, Thorogood M, **Stranges S**. Mediterranean dietary pattern for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2013;8:CD009825. [[Medline](#)]
46. Sperati F, Vici P, Maugeri Saccà M, **Stranges S**, Giordano A, Sergi D, Pizzuti L, Di Lauro L, Montella M, Crispo A, Mottolèse M, Barba M. Vit D Supplementation and Breast Cancer Prevention: a Systematic Review and Meta-analysis of Randomized Clinical Trials. *PLoS One* 2013;8(7):e69269. [[Medline](#)]
47. Hartley L, Flowers N, Holmes J, Clarke A, **Stranges S**, Hooper L, Rees K. Green and black tea for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2013;6:CD009934. [[Medline](#)]
48. Hartley L, Igbinedion E, Holmes J, Thorogood M, Clarke A, **Stranges S**, Hooper L, Rees K. Increased consumption of fruit and vegetables for the primary prevention of cardiovascular diseases. *Cochrane Database Syst Rev*. 2013;6:CD009874. [[Medline](#)]
49. Rayman MP, **Stranges S**. Epidemiology of selenium and type-2 diabetes: can we make sense of it? *Free Radic Biol Med*. 2013;65:1557-64. [[Medline](#)]
50. Marshall NS, **Stranges S**. Are sleep difficulties the “canary in the coalmine” for aortic calcification in women? *Sleep Medicine* 2013;14(5):389-90. [[Medline](#)]

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51. Rees K, Hartley L, Day C, Clarke A, **Stranges S**. Selenium supplementation for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2013;1:CD009671. [[Medline](#)]
52. Kandala N-B, Tigbe W, Manda SOM, **Stranges S**. Geographic variation of hypertension in Sub-Saharan Africa: a case study of South-Africa. *Am J Hypertens*. 2013;26(3):382-91. [[Medline](#)]
53. Vinceti M, Crespi CM, Bonvicini F, Malagoli C, Ferrante M, Marmiroli S, **Stranges S**. The need for a reassessment of the safe upper limit of selenium in drinking water. *Science of the Total Environment* 2013;443:633-42. [[Medline](#)]
54. Weich S, Bebbington P, **Stranges S**, Rai D, McBride O, Meltzer H, Jenkins R, McManus S, Brugha T. The population impact of common mental disorders and long term conditions on disability and acute hospital admission. *Psychol Med*. 2013;43(5):921-31. [[Medline](#)]
55. Maheswaran H, Petrou S, Rees K, **Stranges S**. Estimating EQ-5D utility values for major health behavioral risk factors in England. *J Epidemiol Community Health*. 2013;67(2):172-80. [[Medline](#)]
56. Laccetti R, Pota A, **Stranges S**, Falconi C, Memoli B, Bardaro L, Guida B. Evidence on the prevalence and geographic distribution of major cardiovascular risk factors in Italy. *Public Health Nutrition* 2013;16(2):305-15. [[Medline](#)]
57. **Stranges S**, Guallar E. Cardiovascular disease prevention in women: an evolving scenario. *Nutr Metab Cardiovasc Dis*. 2012;22(12):1013-8. [[Medline](#)]
58. Rayman MP, Blundell-Pound G, Pastor-Barriuso R, Guallar E, Steinbrenner H, **Stranges S**. A randomized trial of selenium supplementation and risk of type-2 diabetes, as assessed by plasma adiponectin. *PLoS One* 2012;7(9):e45269. [[Medline](#)]
59. **Stranges S**, Tigbe W, Gómez-Olivé XF, Thorogood M, Kandala N-B. Sleep Problems: an Emerging Global Epidemic? Findings from the INDEPTH WHO-SAGE study among over 40,000 older adults from eight countries across Africa and Asia. *Sleep* 2012;35(8):1173-1181. [[Medline](#)]
60. Franco OH, Wong YL, Kandala N-B, Ferrie JE, Dorn JM, Kivimäki M, Clarke A, Donahue RP, Singh-Manoux A, Freudenheim JL, Brunner E, Trevisan M, **Stranges S**. Cross-cultural comparison of correlates of quality of life and health status: the Whitehall II Study (UK) and the Western New York Health Study (US). *Eur J Epidemiol*. 2012;27(4):255-65. [[Medline](#)]
61. Barba M, Sperati F, **Stranges S**, et al. Fasting glucose and treatment outcome in breast and colorectal cancer patients treated with targeted agents: results from a historic cohort. *Annals of Oncology* 2012;23(7):1838-45. [[Medline](#)]
62. **Stranges S**, Tabák AG, Guallar E, Rayman MP, Akbaraly TN, Laclaustra M, Mussalo-Rauhamaa H, Viikari JSA, Raitakari OT, Kivimäki M. Selenium status and blood lipids: the Cardiovascular Risk in Young Finns Study. *J Int Med*. 2011;270(5):469-477. [[Medline](#)]
63. **Stranges S**, Galletti F, Farinaro E, D'Elia L, Russo O, Iacone R, Capasso C, Carginale V, De Luca V, Della Valle E, Cappuccio FP, Strazzullo P. Associations of selenium status with cardiometabolic risk factors: an 8-year follow-up analysis of the Olivetti Heart Study. *Atherosclerosis* 2011; 217(1):274-8. [[Medline](#)]
64. Rayman MP, **Stranges S**, Griffin B, Pastor-Barriuso R, Guallar E. Effect of supplementation with high-selenium yeast on plasma lipids: a randomized, controlled trial. *Ann Intern Med*. 2011;154(10):656-65.
65. Siervo M, Corander M, **Stranges S**, Bluck L. Post-challenge hyperglycemia, nitric oxide production and endothelial dysfunction: the causal role of asymmetric dimethylarginine (ADMA). *Nutr Metab Cardiovasc Dis*. 2011;21(1):1-10. [[Medline](#)]
66. Trevisan M, Dorn J, Chiodini P, Grioni S, Hovey K, Krogh V, Panico S, **Stranges S**. Patterns of Wine Drinking in the USA and Europe: Implications for Health. *Journal of Wine Research* 2011;22(2):109-112. [[Scopus](#)]

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67. Donahue RP, Dorn JM, **Stranges S**, Swanson M, Hovey KM, Trevisan M. Impaired fasting glucose and recurrent cardiovascular disease among survivors of a first acute myocardial infarction: evidence for a sex Difference. The Western New York experience. *Nutr Metab Cardiovasc Dis.* 2011;21(7):504-11. [[Medline](#)]
68. **Stranges S**, Navas-Acien A, Rayman MP, Guallar E. Selenium status and cardio-metabolic health: State of the evidence. *Nutr Metab Cardiovasc Dis.* 2010;20(10):754-60. [[Medline](#)]
69. **Stranges S**, Sieri S, Vinceti M, Grioni S, Guallar E, Laclaustra M, Muti M, Berrino F, Krogh V. A prospective study of dietary selenium intake and risk of type 2 diabetes. *BMC Public Health.* 2010;10(1):564. [[Medline](#)]
70. Rafalson L, Donahue RP, **Stranges S**, LaMonte M, Dmochowski J, Dorn JM, Trevisan M. Short sleep duration is associated with progression to impaired fasting glucose: the Western New York Health Study. *Annals of Epidemiology* 2010;20(12):883-9. [[Medline](#)]
71. Rees K, Guraewal S, Wong E, Majanbu DL, Mavrodaris A, **Stranges S**, Kandala N-B, Clarke A, Franco OH. Is vitamin K consumption associated with cardio-metabolic disorders? A systematic review. *Maturitas.* 2010; 67(2):121-8. [[Medline](#)]
72. Guallar E, Miller ER 3rd, Ordovas JM, **Stranges S**. Vitamin D supplementation in the age of lost innocence. *Ann Intern Med.* 2010;152(5):327-9. [[Medline](#)]
73. Laclaustra M, **Stranges S**, Navas-Acien A, Ordovas JM, Guallar E. Serum selenium and plasma lipids in US adults: National Health and Nutrition Examination Survey (NHANES) 2003-2004. *Atherosclerosis* 2010; 210(2):643-8. [[Medline](#)]
74. **Stranges S**, Dorn JM, Cappuccio FP, Donahue RP, Rafalson LB, Hovey KM, Freudenheim JL, Kandala N-B, Miller MA, Trevisan M. A population-based study of short sleep duration and hypertension: the strongest association may be in premenopausal women. *Journal of Hypertension* 2010; 28(5):896-902 [[Medline](#)]
75. Parker J, Hashmi O, Dutton D, Mavrodaris A, **Stranges S**, Kandala N-B, Clarke A, Franco OH. Levels of vitamin D and cardio-metabolic disorders: systematic review and meta-analysis. *Maturitas* 2010; 65(3):225-36. [[Medline](#)]
76. **Stranges S**, Laclaustra M, Ji C, Cappuccio FP, Navas-Acien A, Ordovas JM, Rayman M, Guallar E. Higher selenium status is associated with adverse blood lipid profile in British adults. *Journal of Nutrition* 2010; 140(1):81-7. [[Medline](#)]
77. Barba M, Yang L, Schünemann HJ, Sperati F, Grioni S, **Stranges S**, Westerlind KC, Blandino G, Gallucci M, Lauria R, Malorni L, Muti P. Urinary estrogen metabolites and prostate cancer: a case-control study and meta-analysis. *Journal of Experimental & Clinical Cancer Research* 2009; 28:135. [[Medline](#)]
78. Laclaustra M, Navas-Acien A, **Stranges S**, Ordovas JM, Guallar E. Serum selenium concentrations and diabetes in US adults: National Health and Nutrition Examination Survey (NHANES) 2003-2004. *Environmental Health Perspectives* 2009; 117(9):1409-13. [[Medline](#)]
79. Laclaustra M, Navas-Acien A, **Stranges S**, Ordovas JM, Guallar E. Serum selenium levels and hypertension in the US population. *Circulation Cardiovascular Quality and Outcomes* 2009; 2(4):369-76. [[Medline](#)]
80. Bleys J, Navas-Acien A, Laclaustra M, Pastor-Barriuso R, Menke A, Ordovas JM, **Stranges S**, Guallar E. Serum selenium and peripheral arterial disease: Results from the National Health and Nutrition Examination Survey (NHANES) 2003-2004. *Am J Epidemiol.* 2009; 169(8):996-1003. [[Medline](#)]
81. Della Valle E, **Stranges S**, Trevisan M, Krogh V, Fusconi E, Dorn JM, Farinaro E. Drinking habits and health in Northern Italian and American men. *Nutr Metab Cardiovasc Dis.* 2009; 19(2):115-22. [[Medline](#)]
82. **Stranges S**, Dorn JM, Shipley MJ, Kandala N-B, Trevisan M, Miller MA, Donahue RP, Hovey KM, Ferrie JE, Marmot MG, Cappuccio FP. Correlates of short and long sleep duration: cross-cultural comparison between UK and US. The Whitehall II Study and the Western New York Health Study. *Am J Epidemiol.* 2008; 168 (12):1353-64. [[Medline](#)]

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83. **Stranges S**, Dorn JM, Donahue RP, Browne RW, Freudenheim JL, Hovey KM, Trevisan M. Oxidation, type 2 diabetes and coronary heart disease, a complex interaction. Findings from a population-based study. *Diabetes Care* 2008; 31(9):1864-6. [[Medline](#)]
84. Bleys J, Navas-Acien A, **Stranges S**, Menke A, Miller III ER, Guallar E. Serum selenium and serum lipids in US adults. *Am J Clin Nutr.* 2008; 88(2):416-23. [[Medline](#)]
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BOOK CHAPTERS

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134. Cappuccio FP, Siani A, **Stranges S**. "Non-pharmacologic prevention and treatment of hypertension". In: *Cardiology*, 3rd edition, edited by Michael H. Crawford, John P. DiMarco and Walter J. Paulus. Mosby, Elsevier. Section 3, Chapter 44, pages 579-591, 2009.
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PUBLICATIONS IN PEER-REVIEWED JOURNALS (ITALIAN)

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139. **Stranges S**, Guglielmucci G, Cajafa A, Barba M, Carbone U, Grieco L, Farinaro E. Campi elettromagnetici a frequenza estremamente bassa e tumori: un problema di Sanità Pubblica? *Poseidonia Medicina* 10: 13-18, 2001.
140. Farinaro E, Guglielmucci G, **Stranges S**, Panico S, Jossa F. Rischio cardiovascolare nella popolazione italiana: aspetti sociali ed economici. *Ipertensione e Prevenzione Cardiovascolare* 7 (2): 82-87, 2000.
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MANUSCRIPTS UNDER EDITORIAL REVIEW

1. Flowers N, Wheelhouse R, **Stranges S**, Rees K. Vitamin C supplementation for the primary prevention of cardiovascular disease. *Cochrane Database Syst Rev*. 2016 (in press).
2. Nduka C, **Stranges S**, Sarki AM, Kimani PK, Uthman OA. Is There Sufficient Evidence for Routine Diabetes and Metabolic Syndrome Screening in HIV-infected Patients on Antiretroviral Therapy? A Meta-analysis. *Diabetes Metab Res Rev*. (submitted).
3. Seedat F, Cooper J, **Stranges S**, Kandala N-B, Taylor-Phillips S. International comparisons of policy-making systems and processes for health screening: A systematic review. *Health Policy* (submitted).
4. Sauvageot N, Leite S, Alkerwi A, Sisanni L, Faiez Z, **Stranges S**, Donneau AF, Albert A, Guillaume M. Association of empirically derived dietary patterns with cardiovascular risk factors: a comparison of PCA and RRR methods. *Nutrition Journal* (submitted).
5. Alkerwi A, Baydarlioglu B, Sauvageot N, Stranges S, Lemmens P, Shivappa N, Hebert JR. Smoking status is inversely associated with overall diet quality: findings from the ORISCAV-LUX study. *Clinical Nutrition* (submitted).

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CONFERENCE PRESENTATIONS

“Economic progress and the impending pandemic of cardiovascular diseases” in the International Symposium on: “Social inequalities and health”. Naples, Italy, June 1, 1999.

“From health promotion in the general population to rural workers security” in International Conference on Rural Health in Mediterranean and Balkan Countries. Bari, Italy, November 13-16, 2002.

“Alcohol Intake, Drinking Pattern and Hepatic Enzymes in a Population-Based Study” in 36th Annual Meeting of Society for Epidemiological Research. Atlanta, Georgia, USA, June 11-14, 2003.

“Fat Distribution, Body Mass Index and Liver Enzyme Levels: a Population-Based Study” in 15th Annual J. Warren Perry Lecture. University at Buffalo, Buffalo, New York, USA, November 7, 2003.

“Lifetime total and beverage specific alcohol intake and prostate cancer risk” in 95th American Association for Cancer Research Annual Meeting. Orlando, Florida, USA, March 27-31, 2004.

“Health surveillance an important tool to promote workers health care” in 4th European Conference on Promoting Workplace Health. Dublin, Ireland, June 14-15, 2004.

“Race, Alcohol Consumption and Liver Enzymes in a Population-based Study, 1995-2001” in 37th Annual Meeting of Society for Epidemiological Research. Salt Lake City, Utah, USA, June 15-18, 2004.

“Greater hepatic vulnerability after alcohol intake in African-Americans compared with Caucasians-Americans: a population-based study” in 26th Research Society on Alcoholism Annual Meeting. Vancouver, Canada, June 26-30, 2004.

“Relationship of alcohol drinking pattern to the risk of hypertension: a population-based study” in 16th Annual J. Warren Perry Lecture. University at Buffalo, Buffalo, New York, USA, October 1, 2004.

“Effects of Selenium Supplementation on Cardiovascular Disease Incidence and Mortality: Secondary Analyses in a Randomized Clinical Trial” in 38th Annual Meeting of Society for Epidemiological Research. Toronto, Canada, June 27-30, 2005.

“Alcohol Drinking Pattern and Subjective Health in a Population-Based Study” in 12th Annual Meeting of the International Society for Quality of Life Research. San Francisco, California, USA, October 19-22, 2005.

“Exposure to secondhand smoke is associated with an increased risk of myocardial infarction in never smokers: a population-based case-control study” in 17th Annual J. Warren Perry Lecture. University at Buffalo, Buffalo, New York, USA, October 28, 2005.

“Body Fat Distribution, Liver Enzymes and Risk of Hypertension: Evidence from the Western New York Study” in the American Heart Association Scientific Sessions 2005. Dallas, Texas, USA, November 13-16, 2005.

“Lifetime cumulative exposure to secondhand smoke is associated with an increased risk of myocardial infarction in never smokers: a population-based case-control study” in 46th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Phoenix, Arizona, USA, March 2-5, 2006.

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“Effects of Selenium Supplementation on Type 2 Diabetes Incidence: Secondary Analyses in a Randomized Clinical Trial” in 47th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Orlando, Florida, USA, February 28-March 3, 2007.

“Oxidation, diabetes and coronary heart disease, a complex interaction. Findings from a population-based study” in 40th Annual Meeting of Society for Epidemiological Research. Boston, Massachusetts, USA, June 19-22, 2007.

“Cross-sectional versus prospective associations of sleep duration with changes in relative weight and body fat distribution: the Whitehall II Study” in 19th Annual Scientific Meeting of the British Sleep Society. Robinson College, University of Cambridge, UK, 23-25 September 2007.

“Gender-specific associations of short sleep duration with prevalent and incident hypertension: the Whitehall II Study” in 19th Annual Scientific Meeting of the British Sleep Society. Robinson College, University of Cambridge, UK, 23-25 September 2007.

“Cross-sectional versus prospective associations of sleep duration with changes in relative weight and body fat distribution: the Whitehall II Study” in 48th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Colorado Springs, Colorado, USA, March 13-15, 2008.

“Serum selenium and serum lipids in US adults” in 48th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Colorado Springs, Colorado, USA, March 13-15, 2008.

“Short sleep duration is associated with hypertension only among women: a population-based study” in Hypertension 2008. 18th Scientific Meeting European Society of Hypertension; 22nd Scientific Meeting International Society of Hypertension. Berlin, Germany, June 14-19, 2008.

“Short sleep duration is associated with hypertension only among women: a population-based study” in 19th Congress of the European Sleep Research Society, Glasgow, Scotland, 9-13th September 2008.

“Correlates of Short and Long Sleep Duration: Cross-cultural Comparison between UK and US. The Whitehall II Study and the Western New York Health Study” in 19th Congress of the European Sleep Research Society (SECC), Glasgow, Scotland, 9-13th September 2008.

“High-Normal Selenium Status is Associated with Adverse Lipid Profile in British Adults” in 49th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Tampa, Florida, USA, March 10-14, 2009.

“A Population-Based Study of Short Sleep Duration and Hypertension: The Strongest Association May Be in Premenopausal Women” in 49th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Tampa, Florida, USA, March 10-14, 2009.

“Short Sleep Duration Is Associated with Progression to Impaired Fasting Glucose: The Western New York Health Study” in 49th Cardiovascular Disease Epidemiology and Prevention Annual Conference. Tampa, Florida, USA, March 10-14, 2009.

“Prospective association of high dietary selenium intake with increased risk of type 2 diabetes” in 11th Symposium of the International Diabetes Epidemiology Group (IDEG), Official Academic Satellite Symposia of the 20th World Diabetes Congress. Quebec City, Canada, October 15-18, 2009.

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“Selenium status and trajectories of cardio-metabolic risk factors: a 21-year follow-up of the Young Finns Study” in 50th Cardiovascular Disease Epidemiology and Prevention Annual Conference. San Francisco, California, USA, March 2-5, 2010.

“Acute coronary events following enactment of smoke-free legislations: a systematic review and meta-analysis” in 50th Cardiovascular Disease Epidemiology and Prevention Annual Conference. San Francisco, California, USA, March 2-5, 2010.

“Prospective association of high dietary selenium intake with increased risk of type 2 diabetes. The ORDET Cohort Study” in 50th Cardiovascular Disease Epidemiology and Prevention Annual Conference. San Francisco, California, USA, March 2-5, 2010.

“The interplay between B12 and folic acid on cardiovascular risk: do we need to consider mandatory B12 fortification?” in 50th Cardiovascular Disease Epidemiology and Prevention Annual Conference. San Francisco, California, USA, March 2-5, 2010.

“Cross-sectional versus prospective associations of selenium status with cardiometabolic risk factors: an 8-year follow-up analysis of the Olivetti Heart Study”. 20th Scientific Meeting European Society of Hypertension. Oslo, Norway, June 18-21, 2010.

“Correlates of quality of life: a cross-cultural comparison between UK and US. The Whitehall II Study and the Western New York Health Study” in 17th Annual Meeting of the International Society for Quality of Life Research. London, UK, October 27-30, 2010.

“Cross-sectional versus prospective associations of selenium Status with cardiometabolic risk factors: an 8-year follow-up analysis of the Olivetti Heart Study” in 51st Cardiovascular Disease Epidemiology and Prevention Annual Conference. Atlanta, Georgia, USA, March 22-25, 2011.

“Effect of supplementation with high-selenium yeast on plasma lipids: a randomized, controlled trial” in 51st Cardiovascular Disease Epidemiology and Prevention Annual Conference. Atlanta, Georgia, USA, March 22-25, 2011.

“Blood pressure and the risk of impaired fasting glucose. A sex specific effect? The Western New York Health Study” in 51st Cardiovascular Disease Epidemiology and Prevention Annual Conference. Atlanta, Georgia, USA, March 22-25, 2011.

“Vitamin D to reduce depressive symptoms: a systematic review” in Society for Social Medicine 55th Annual Scientific Meeting. University of Warwick, Coventry, UK, September 14-16, 2011.

“Spatial Variation of Predictors of Hypertension in Sub-Saharan Africa: A Case Study of South-Africa” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2012 Scientific Sessions, American Heart Association, San Diego, CA, March 13-16, 2012.

“Geographic Co-morbidity of Cardiovascular Diseases in South Africa” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2012 Scientific Sessions, American Heart Association, San Diego, CA, March 13-16, 2012.

“Results of a Randomised trial of Selenium Supplementation and Type-2 diabetes Risk, as Assessed by Plasma Adiponectin” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2012 Scientific Sessions, American Heart Association, San Diego, CA, March 13-16, 2012.

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“Sleep Problems: an Emerging Global Epidemic? Findings from the INDEPTH WHO-SAGE study among over 40,000 older adults from eight countries across Africa and Asia” in 21st Congress of the European Sleep Research Society, Paris, France, 4-8 September 2012

“Selenium supplementation for the primary prevention of cardiovascular disease” in Society for Social Medicine 56th Annual Scientific Meeting. London School of Hygiene & Tropical Medicine, London, UK, September 12-14, 2012.

“Estimating EQ-5D utility values for major health behavioral risk factors in England” in Society for Social Medicine 56th Annual Scientific Meeting. London School of Hygiene & Tropical Medicine, London, UK, September 12-14, 2012.

“Sleep Problems: an Emerging Global Epidemic? Findings from the INDEPTH WHO-SAGE study among over 40,000 older adults from eight countries across Africa and Asia” in Society for Social Medicine 56th Annual Scientific Meeting. London School of Hygiene & Tropical Medicine, London, UK, September 12-14, 2012.

“Selenium supplementation for the primary prevention of cardiovascular disease: a Cochrane systematic review” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Sessions, American Heart Association, New Orleans, LA, March 19-22, 2013.

“Mediterranean dietary pattern for the primary prevention of cardiovascular disease: a Cochrane systematic review” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Sessions, American Heart Association, New Orleans, LA, March 19-22, 2013.

“Clinical effectiveness of risk factor interventions for preventing cardiovascular events in HIV-patients on antiretroviral therapy: a systematic review” in Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Sessions, American Heart Association, New Orleans, LA, March 19-22, 2013.

“Geographic Variation of Overweight/Obesity among Women in Sub-Saharan Africa: A Case Study of Nigeria” in Epidemiology & Prevention/Nutrition, Physical Activity & Metabolism 2014 Scientific Sessions, March 18-21, 2014, San Francisco, CA, USA.

“Urbanization and Geographic Variation of Overweight/Obesity in India: the 2005-06 India Demographic Health Survey” in Epidemiology & Prevention/Nutrition, Physical Activity & Metabolism 2014 Scientific Sessions, March 18-21, 2014, San Francisco, CA, USA.

“Health-related quality of life and risk of hypertension in the Community: a prospective analysis from the Western NY Health Study” in Epidemiology & Prevention/Nutrition 2014 Scientific Sessions American Heart Association March 18-21-2014, San Francisco, CA, USA

“Central Obesity and the Emerging Epidemic of Type 2 Diabetes in Saudi Arabia” in Epidemiology and Prevention, Lifestyle and Cardiometabolic Health, 2015 Scientific Sessions, American Heart Association, March 3-6, 2015, Baltimore, Maryland, USA.

INVITED TALKS

“Effects of Long-Term Selenium Supplementation on the Incidence of Type 2 Diabetes: a Randomized Controlled Trial”. Meeting of the European Association for the Study of Diabetes (EASD). Warwick Medical School, Coventry, UK, January 20, 2007.

“Global Trends in the Epidemiology of the Metabolic Syndrome”. Diabetes Update Symposium, Coventry, UK, October 10, 2007.

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“Emerging & traditional risk factors and non-pharmacological interventions on cardiovascular & metabolic disease”. Workshop on “Establishing collaborative research on the impact of diabetes & obesity for patients, carers, & health providers”. Maastricht University, Faculty of Medicine & Life Sciences, Maastricht, Holland, November 8, 2007.

“Health benefits and risks of selenium supplementation”. In seminar series of the Department of Social and Preventive Medicine, State University of New York at Buffalo, NY, USA, November 16, 2007.

“Effects of selenium and other dietary supplements on chronic disease prevention”. Italian National Cancer Institute "Regina Elena", Rome, Italy, January 25, 2008.

“Sleep Deprivation and Chronic Disease”. London Hypertension Society. London, UK, February 5, 2008.

“Dietary Antioxidant Supplements in the Prevention of Chronic Diseases”. Population Science & Cancer Control. Nevada Cancer Institute, Las Vegas, NV, USA, March 11, 2008.

“Selenium and Chronic Disease”. Department of Epidemiology and Public Health, Faculty of Medicine, Imperial College London, UK, April 15, 2008.

“Dietary Supplements in Diabetes Prevention”. International symposium on “Diabetes and CVD: an Update”. University Hospital - Warwickshire and Coventry Campus, Coventry, UK, June 12-13, 2008.

“Selenium and Chronic Disease: the DETECT Study”. Institute for Clinical Psychology and Psychotherapy, Technical University of Dresden, Germany. June 20, 2008.

“Selenium and Chronic Disease: an Overview of Potential Benefits and Adverse Effects”. MRC Epidemiology Unit, Addenbrooke's Hospital, Cambridge, UK, September 17, 2008.

“Selenium and Chronic Disease: Potential Benefits and Adverse Effects”. Department of Clinical and Experimental Medicine, "Federico II" University of Naples, Naples, Italy, October 13, 2008.

“Selenium and Chronic Disease: Potential Benefits and Adverse Effects”. Department of Epidemiology and Public Health, University College London, UK, October 24, 2008.

“Selenium and other dietary supplements in chronic disease prevention”. Department of Epidemiology, Italian National Cancer Institute, Milan, Italy, November 20, 2008.

“Selenium and other dietary supplements in chronic disease prevention”. IRCCS MultiMedica – Scientific and Technological Pole, Milan, Italy, November 21, 2008.

“Dietary supplements, selenium and chronic disease prevention”. Department of Cardiovascular Epidemiology and Population Genetics, National Center for Cardiovascular Research (CNIC), Madrid, Spain, March 30, 2009.

“Dietary Supplements in Diabetes Prevention”. International symposium on “Advancements in Diabetes”. University Hospital Coventry & Warwickshire, Coventry, UK, June 12, 2009.

“Dietary supplements, selenium and chronic disease prevention”. Department of Cardiovascular Sciences, University of Leicester, Leicester, UK, September 8, 2009.

“Supplementi nutrizionali e rischio cardio-metabolico”. Convegno scientifico: “Dalle linee guida alla pratica clinica. Prospettive diagnostiche e terapeutiche nella prevenzione cardiovascolare. Lloyd's Baia Hotel, Salerno, Italy, October 3, 2009.

SAVERIO STRANGES, MD, PhD

“State of the Art in the Prevention of Type 2 Diabetes: The experience in Adults” in 3rd Cilento Diabetologic Days. Hotel Ariston, Paestum, Italy, February 18-20, 2010.

“CVD epidemiology: an overview on traditional and emerging risk factors and risk markers”. School of Community Health Sciences, University of Nevada Las Vegas, USA, March 9 2010.

“Prevention of Type 2 Diabetes: The experience in Adults”. Warwickshire Institute for Diabetes, Endocrinology and Metabolism (WISDEM), University of Warwick Medical School, Coventry, UK, April 15, 2010.

“Dietary supplements, selenium and chronic disease prevention in the age of lost innocence”. MRC Human Nutrition Research, Cambridge, UK, May 17, 2010.

“Cardiovascular disease prevention: yesterday, today, tomorrow”. Training day, Italian-Swiss Association of Blood Donors (AVIS). Zurich, Switzerland, September 19, 2010.

“Dietary supplements, selenium and chronic disease prevention in the age of lost innocence”. Department of Quantitative Health Sciences at University of Massachusetts Medical School (UMMS). Worcester, MA, USA, October 6, 2010.

“Micronutrients & dietary supplements: a public health perspective”. WISDEM/IAS/CSRI Annual Symposium, University of Warwick Medical School. Coventry, UK, March 11, 2011.

“Selenium, dietary supplements and chronic disease prevention in the age of lost innocence”. Division of Diabetes Translation Epidemiology & Statistics Branch, Centers for Disease Control and Prevention (CDC). Atlanta, Georgia, USA, March 21, 2011.

“Micronutrients & dietary supplements: a public health perspective”. Department of Epidemiology, Rollins School of Public Health, University of Emory. Atlanta, Georgia, USA, March 22, 2011.

“Micronutrients & dietary supplements for the prevention of chronic disease: a public health perspective”. Laboratory of Genetic & Environmental Epidemiology, “John Paul II” Center for High Technology Research & Education in Biomedical Sciences, Catholic University. Campobasso, Italy, May 2, 2011.

“Micronutrients & dietary supplements: a public health perspective”. Department of Epidemiology, School of Public Health, University of the Witwatersrand. Johannesburg, South Africa, August 12, 2011.

“Sleep duration: risk factor or risk marker for disease”. School of Physiology, University of the Witwatersrand. Johannesburg, South Africa, August 18, 2011.

“Nutrition, Dietary Supplements & Chronic Disease Prevention: A Public Health Perspective”. Sophie Davis School of Biomedical Education, City College of New York (CUNY). New York, USA, November 18, 2011.

“Mediterranean Diet, Nutritional Supplements & Chronic Disease Prevention: Historical & Public Health Perspective”. Seminar Series, Division of Health Sciences, University of Warwick Medical School. Coventry, UK, February 15, 2012.

“Micronutrients & Dietary Supplements for the Prevention of Chronic Disease: A Public Health Perspective”. Unit of Epidemiology and Population Genetics, Institute of Food Sciences, National Research Council, Avellino, Italy, February 23, 2012.

“Epidemiology & prevention of cardio-metabolic disease: an overview on traditional and emerging risk factors and risk markers”. School of Public Health and Preventive Medicine Faculty of Medicine, Nursing and Health Sciences, Monash University, Melbourne, Australia, December 6, 2012.

SAVERIO STRANGES, MD, PhD

“Sleep Problems: Risk Factor or Risk Marker for Chronic Disease?” Woolcock Institute of Medical Research, University of Sydney Nursing School, Australia, December 11, 2012.

“Dietary Patterns, Nutritional Supplements and Chronic Disease Prevention: Historical & Public Health Perspective”. Leeds Institute of Genetics, Health & Therapeutics (LIGHT), University of Leeds, UK, March 7, 2013.

“Dietary supplements and cardio-metabolic disease: a public health perspective”. International conference on “Functional Foods and Cardiometabolic Disease”, Palazzo Salerno (Piazza Plebiscito), Naples, Italy, June 1, 2013.

“Using existing data to inform public health policy for non-communicable disease in low-resource settings”. Sub-Saharan Africa Research Network Symposium. Institute of Advanced Study, University of Warwick, Coventry, UK, May 6, 2014.

“Epidemiology & prevention of cardio-metabolic disease: A journey from the Mediterranean region to Sub-Saharan Africa”. Division of Cardiovascular & Diabetes Medicine, Medical Research Institute, University of Dundee, Dundee, Scotland, UK, May 26, 2014.

“Supplementazioni di vitamine e minerali nella prevenzione delle patologie cronico-degenerative”. VI Edizione Giornate Mediche Città di Cava dè Tirreni. Holiday Inn, Cava dè Tirreni, Italy, May 29, 2014.

“Dietary Patterns, Nutritional Supplements & Chronic Disease Prevention: Historical & Public Health Perspective”, Erasmus MC, University Medical Center Rotterdam, Department of Epidemiology, Netherlands, 6th October 2014.

Epidemiology & prevention of cardio-metabolic disease: A journey from the Mediterranean region to Sub-Saharan Africa”, University of Exeter Medical School, UK, 13th October 2014.

“Epidemiology & prevention of cardio-metabolic disease: A journey from the Mediterranean region to Sub-Saharan Africa”, Department of Epidemiology & Public Health, University College Cork, Ireland, 19th February 2015.

“Epidemiology and Prevention of Cardio-Metabolic Disease: A Global Perspective”, Sophie Davis School of Biomedical Education, City College of New York, USA, March 2, 2015.

“Epidemiology and Prevention of Cardio-Metabolic Disease: A Global Perspective”, KU Leuven, Leuven, Belgium, 16th March 2015.

GRANT APPLICATIONS (FUNDED)

Karen Rees (PI), **Saverio Stranges (Co-Inv.)**, Ebrahim Shah, Aileen Clarke, Margaret Thorogood, Mike Kelly, Ngianga-Bakwin Kandala

Title: *Lifestyle & pharmacological interventions for the primary prevention of CVD*

Funder: NIHR Cochrane Collaboration Programme Grant Scheme (N. 10/4001/13)

Duration: 36 months (June 2011-November 2014)

Total costs: £420,000

Role: Co-Investigator

Dimitris Grammatopoulos (PI), **Saverio Stranges (Co-Inv.)**

Title: A genetic test for pregnant women to be able to identify risk of developing post-natal depression.

Funder: KTP with SWFT, Technology Strategy Board

Duration: 24 months (February 2014 –January 2016)

Total costs: £135,805

Role: Co-Investigator

SAVERIO STRANGES, MD, PhD

Sian Taylor-Phillips (PI) and **Saverio Stranges (Co-Inv.)**

Title: Using international data to inform which Health Screening Programmes to implement in the UK

Funder: ESRC Collaborative PhD Studentship

Duration: 36 months (October 2013-September 2016)

Total costs: £55,700

Role: Co-Investigator

Leandro Pecchia, School of Engineering (PI) and **Saverio Stranges (Co-Inv.)**

Title: Orthostatic hypotension

Funder: University of Warwick RDF Development Award + School of Engineering

Total costs requested: £7,500.00.

Duration: 6 months (starting on 13th March 2014)

Role: Co-Investigator

Margaret Thorogood (PI), **Saverio Stranges (Co-Inv)**

Title: *Assessing adult health and ageing in Africa*

Funder: European Union, FP7, Marie Curie Actions, IRSES (International Research Staff Exchange Scheme)

Duration: 48 months (January 2012-December 2015)

Total costs: £67,260.00

Role: Co-Investigator

Kandala N-B (PI), **Stranges S (Co-Inv.)**, Tigbe W.

Title: Sub-Saharan African Research Network (SSARN) – follow-up of collaborative research with Monash University

Funder: Monash-Warwick 2012-2013 Strategic Funding Initiative for Joint Research and Education Programmes (RD 11308)

Duration: 10 months (September 2012-June 2013)

Total costs: £29,949

Role: Co-Investigator

Saverio Stranges (PI)

Title: *EASY-Care International Pfizer Grant 2011-2012*

Funder: Pfizer

Duration: 12 months (June 2011-May 2012)

Total costs: \$50,000

Role: Principal Investigator

Saverio Stranges (PI), Michelle Miller, Francesco P Cappuccio

Title: *Predictive Markers of Non-alcoholic Fatty Liver Disease (NAFLD) in Ethnic Groups in UK*

Funder: Research Development Fund – University of Warwick

Duration: 10 months (January 2007 to October 2007)

Total costs: £15,000

Role: Principal Investigator

Maurizio Trevisan (PI), Gian Paolo Visentin (PI), **Saverio Stranges (Co-Inv)**

Title: *Diagnostic Markers of Non-alcoholic Fatty Liver Disease (NAFLD)*

Funder: UB 2020 Interdisciplinary Research Development Fund (IRDF)

Duration: 12 months (July 2006 to July 2007)

Total costs: \$28,000

Role: Co-Investigator

SAVERIO STRANGES, MD, PhD

Gillian Hundt, Saverio Stranges (Co-Inv)

Title: *Establishing collaborative research on the impact of diabetes and obesity for patients, carers and health providers, Universities of Maastricht and Warwick*

Funder: British Council – NOW Partnership Programme in Science

Duration: 8 months (May 2007, November 2007)

Total costs: £5,637 + Euro 8,205

Role: Co-Investigator

Francesco P Cappuccio (PI), Saverio Stranges (Co-Inv), Mario Nicodemi

Title: *Computational Analysis of Population Data for CVD Risk Prediction*

Funder: Institute of Advanced Study (IAS) Award - University of Warwick

Duration: 10 months (September 2007 to July 2008)

Total costs: £3,307

Role: Co-Investigator

Saverio Stranges (PI)

Title: *Two visits to State University of New York at Buffalo*

Funder: North American Travel Fund - University of Warwick

Duration: 6 months (January 2007 to June 2007)

Total costs: £500.00

Role: Principal Investigator

Saverio Stranges (PI)

Title: *Role of selenium supplementation in insulin resistance and type 2 diabetes*

Funder: North American Travel Fund - University of Warwick

Duration: 6 months (July 2007 to December 2007)

Total costs: £1,000

Role: Principal Investigator

Saverio Stranges (PI)

Title: *Joint Application Warwick-Johns Hopkins*

Funder: North American Travel Fund - University of Warwick

Duration: 6 months (January 2008 to June 2008)

Total costs: £1,000

GRANT APPLICATIONS (PENDING)

Saverio Stranges (PI)

Title: *Geographic variation of hypertension in low and middle income countries: A novel approach to assess disease burden and resource allocation*

Funder: Medical Research Council (MRC), UK

Total costs requested: £300,448.00.

Expected duration: 30 months (starting on 1 December 2014)

Role: Principal Investigator

Leandro Pecchia, School of Engineering (PI), Saverio Stranges (Co-PI)

Title: *An innovative m-health platform for hypertension self-management via tailored behavioural interventions*

Funder: Horizon2020

Total costs requested: € 1,090,466 (€ 427,611 WMS).

Duration: 36 months (starting on 1st February 2015)

Role: Co-Principal Investigator

SAVERIO STRANGES, MD, PhD

Olalekan A. Uthman (PI), **Saverio Stranges (Co-Inv.)**

Title: High-risk cardiovascular behaviours among people with HIV: development and feasibility testing of a complex lifestyle modification intervention in sub-Saharan Africa

Funder: Public Health Intervention Development scheme (PHIND), Medical Research Council (MRC), UK

Total costs requested: 149,720.81

Duration: 18 months (starting on 1st March 2015)

Role: Co-Investigator

Stranges S (co-PI), Underwood M (PI)

Title: Strategies for improving musculoskeletal health in the ageing workforce.

Funder: MRC/LLHW Extending Working Lives Research Partnership Awards 2012

Total costs requested: £ 2499995

Expected duration: 60 months

Role: Co-Principal Investigator

Renzaho A (Monash University), **Stranges S**, Kandala N-B (University of Warwick)

Title: A randomized double blind trial of vitamin D supplementation to improve mental health outcomes: the MIN-D Health Study

Funder: National Health and Medical Research Council (NHMRC), Australia

Total costs requested: \$929,076.00

Expected duration: 24 months

Role: Co-Investigator

Saverio Stranges (PI), Bentson McFarland, Mark Kaplan, David Feeny

Title: *Sleep Trajectories, Quality of Life and Survival in an Aging Population*

Funder: NIH National Institute on Aging (NIA), USA

Expected duration: 36 months

Expected total costs: \$970,386.00

Role: Principal Investigator

Stranges S (PI), Underwood M, Stallard N, Petrou S, Zehnder D, Vieth R

Title: Vitamin D for Pain (VDP) trial.

Funder: NIHR-HTA

Expected duration: 24 months

Expected total costs: £930,241.00

Role: Principal Investigator

Dimitris Grammatopoulos (PI), Hillhouse EW (co-PI), **Stranges S (co-Inv)**

Title: Genetic biomarkers and identification of women at risk for postnatal depression.

Funder: Qatar National Research Fund

Expected duration: 24 months

Expected total costs: \$699,511.82

Role: Co-Investigator

Saverio Stranges (PI), Margaret Rayman, Mika Kivimäki, Margaret Thorogood

Title: *Impact of Trajectories of Selenium Status on Diabetes Risk and Cardio-metabolic Health-The Whitehall II Study*

Funder: Diabetes UK

Expected duration: 24 months

Expected total costs: £76,929

Role: Principal Investigator

SAVERIO STRANGES, MD, PhD

GRANT APPLICATIONS (SUBMITTED/NOT FUNDED)

Jeremy Dale (PI), **Stranges S (co-Inv)**

Title: The DIABETES-SMILE trial: a cluster randomised controlled trial of a brief behavioural intervention to improve oral health in diabetes.

Funder: NIHR Health Services and Delivery Research Programme.

Total costs requested: £947,103.82

Expected duration: 36 months

Role: co-applicant

Alan Kristal (PI), **Saverio Stranges (Co-Inv)**, Margaret Rayman, Jim Marshall, E Guallar
Title: *Selenium Supplementation and Risk of Diabetes and Other Cardio-Metabolic Abnormalities*

Funder: NIH National Heart, Lung, and Blood Institute (NHLBI), USA

Expected duration: 36 months

Expected total costs: \$2,254,598.00

Role: Co-Investigator

Saverio Stranges (PI), A Clarke, S Quenby, S Petrou, H Randeve, K Rees, M Thorogood.

Title: *The clinical and cost-effectiveness of identifying and treating pregnant women with Vitamin D deficiency*

Funder: NIHR, Health Technology Assessment Programme, UK

Expected duration: 18 months

Expected total costs: £ 220,674

Role: Principal Investigator

Saverio Stranges (PI), Frances Griffiths, Tim Holt, Sue Jowett, Margaret Thorogood

Title: *Cost-effectiveness and clinical effectiveness of providing folic acid supplementation in primary care for individuals at high risk of stroke*

Funder: NIHR, Health Technology Assessment Programme, UK

Expected duration: 18 months

Expected total costs: £275,413

Role: Principal Investigator

Saverio Stranges (PI), Margaret Rayman, Mika Kivimäki, Adam Tabák, Tasnime Akbaraly.

Title: *Trajectories of Selenium Status and Cardio-metabolic Health - The Whitehall II Study*

Funder: Wellcome Trust, UK

Expected duration: 24 months

Expected total cost: £233,952

Role: Principal Investigator

Saverio Stranges (PI)

Title: *Selective dietary patterns for healthy European ageing (SELENAGE)*

Funder: Collaborative Project, large-scale integrating project

European Union - FP7 - Food, Agriculture & Fisheries and Biotechnology

Expected duration: 60 months

Expected total costs: £338,234

Role: Principal Investigator

Saverio Stranges (PI), Margaret Rayman, Mika Kivimäki, Adam Tabák, Tasnime Akbaraly.

Title: *Trajectories of Selenium Status and Cardio-metabolic Health - The Whitehall II Study*

Funder: Medical Research Council (MRC), UK

Expected duration: 24 months

Expected total cost: £233,952

Role: Principal Investigator

SAVERIO STRANGES, MD, PhD

Saverio Stranges (PI).

Title: *Selenium Status and Cardio-metabolic Health*

Funder: Rank Prize Funds Post-graduate research studentship in human nutrition

Expected duration: 36 months

Expected total costs: £30,000

Role: Principal Investigator

Saverio Stranges (PI), Margaret Rayman, Bruce Griffin.

Title: *Randomised controlled trial of the effect of selenium supplementation on lipid metabolism.*

Funder: British Heart Foundation, UK

Expected duration: 15 months

Expected total costs: £103,572

Role: Principal Investigator

Saverio Stranges (PI), Margaret Rayman, Michelle A Miller, Francesco P Cappuccio, Antonio Ceriello

Title: *Effects of long-term selenium supplementation on glucose metabolism and insulin resistance, and potential mechanisms*

Funder: Medical Research Council (MRC), UK

Expected duration: 24 months

Expected total costs: £ 598,761

Role: Principal Investigator

Saverio Stranges (PI), Randy Carter, Richard P Donahue, Maurizio Trevisan

Title: *Alcohol and Cardiovascular Disease: The Role of Lifetime Drinking Pattern*

Funder: NIH National Institute on Alcohol Abuse and Alcoholism, USA

Expected duration: 36 months

Expected total costs: \$951,000

Role: Principal Investigator

Edward Hillhouse (PI), **Saverio Stranges (Co-Inv)**, Harpal Randeva.

Title: *Vitamin D, the metabolic syndrome, diabetes mellitus and cardiovascular risk: a Cross-sectional study in a rural South Indian population and a multi-centre, randomised, controlled trial of vitamin D as a low cost means of correcting cardio-metabolic abnormalities in the Indian population.*

Funder: ICMR-MRC Non-Communicable Disease Research Funding

Expected duration: 60 months

Expected total costs: £968,651

Role: Co-Investigator

Marcia Russell (PI), Michael W. Todd, **Saverio Stranges (Co-Inv)**

Title: *Secondhand Smoke, Alcohol Use, and Cardiovascular Risk*

Funder: Tobacco-Related Disease Research Program, University of California, USA

Expected duration: 24 months

Expected total costs: \$275,000

Role: Co-Investigator

TEACHING PORTFOLIO

Basic and Advanced Epidemiology, Cardiovascular Epidemiology, Chronic Disease Epidemiology, Nutritional Epidemiology, Preventive Medicine, Public Health, International Health, Global Public Health

SAVERIO STRANGES, MD, PhD

TEACHING EXPERIENCE

2014-Present	External examiner for Master's in Public Health, Department of Epidemiology & Public Health, University College Cork, Ireland
2006-Present	Basic and Advanced Epidemiology, Cardiovascular Epidemiology, Preventive Medicine, Practice of Public Health, Global Public Health, in Master's in Public Health, University of Warwick Medical School, UK.
2002-2005	Basic and Advanced Epidemiology, Cardiovascular Epidemiology, Chronic Disease Epidemiology, Principles of Preventive Medicine, Department of Social & Preventive Medicine, State University of New York at Buffalo, NY, USA.
1996-2002	Hygiene & Preventive Medicine, Epidemiology, Occupational Health, Public Health (Federico II University of Naples Medical School, Italy).

GRADUATE STUDENT/FELLOW SUPERVISION

Department of Social and Preventive Medicine, State University of New York at Buffalo, USA

Federica Fucci (Master in Public Health, MPH)

Project title: *Lifetime cumulative exposure to second-hand smoke and risk of myocardial infarction in never smokers*

Completed date: Fall 2007

Susan Bruce (PhD in Epidemiology and Community Health)

Project title: *Body fat distribution and recurrent events in MI survivors*

Completed date: Fall 2008

Division of Health Sciences, University of Warwick Medical School, Coventry, UK

Piers Mook (PhD in Epidemiology)

Project title: *Epidemiology of Listeriosis in the UK*

Completed date: Spring 2013

Lena Al Khudairy (PhD in Health Sciences)

Project title: *Micronutrient status, dietary patterns and type 2 diabetes in Saudi Arabia*

Completed date: Spring 2014

Ahmed Sarki (PhD in Health Sciences)

Project title: *Application of Disease Mapping to Global Public Health Issues in Low and Middle Income countries*

Completed date: Fall 2015

Victor Adekanmbi (PhD in Health Sciences)

Project title: *Unravelling the effect of neighborhood contextual influences on childhood mortality and morbidity in Nigeria*

Completed date: Fall 2015

Martinsixtus Ezejimofor (PhD in Health Sciences)

Project title: *Prevalence of hypertension and associated risk factors for cardiovascular diseases in oil-polluted environment: a case study of Niger delta*

Proposed date: Spring 2016

SAVERIO STRANGES, MD, PhD

Chidozie Nduka (PhD in Health Sciences)

Project title: *Cardiovascular risk in HAART-naïve and HAART-exposed HIV-infected patients in Nigeria: a comparative cross-sectional study*

Proposed date: Fall 2016

Farah Seedat (PhD in Health Sciences)

Project title: *Using international data to inform which Health Screening Programmes to implement in the UK*

Proposed date: Fall 2016

Tatjana Makovski (PhD in Epidemiology, LIH-University of Maastricht)

Project title: *Healthy ageing in view of gender inequalities across European countries*

Proposed date: Summer 2019

Ewemade Igbinedion (Master in Public Health, MPH)

Project title: *Papanicolaou (Pap) smear test, the most useful screening tool for cervical cancer? A Literature Review*

Completed date: Sept 2011

Alex Spina (Master in Public Health, MPH)

Project title: *Biomarkers of selenium status, adiposity and body fat distribution in a nationally representative sample of the UK population*

Completed date: Fall 2012

Chidozie Nduka (Master in Public Health, MPH)

Project title: *Clinical effectiveness of risk factor interventions for preventing cardiovascular events in HIV-infected persons on antiretroviral therapy*

Completed date: Fall 2012

Edidiong Uwak (Master in Public Health, MPH)

Project title: *A systematic literature review of the prevalence and associated risk factors for obstructive sleep apnoea among adult population world-wide*

Completed date: Nov 2012

Hope Ojukwe (Master in Public Health, MPH)

Project title: *A systematic review of Community Development approaches to health promotion for smoking cessation in adults living in deprived communities in the UK*

Completed date: Dec 2012

Saad Siddiqui (Master in Public Health, MPH)

Project title: *The geographic variation of obesity with relation to urbanisation in India*

Completed date: Fall 2013

Rose Nvue (Master in Public Health, MPH)

Project title: *Evaluation of maternal health in low - income conflict affected countries: A Systematic Review of Literature*

Completed date: April 2014

Benedeth Ezejimofor (Master in Public Health, MPH)

Project title: *A systematic review of the prevalence and associated risk factors for Pre-eclampsia among women of maternal age in Sub Saharan Africa*

Completed date: May 2014

SAVERIO STRANGES, MD, PhD

Dr Hendy Maheswaran (Academic Clinical Fellow)

Project title: *The interplay between folate, vitamin B12 and homocysteine status in a nationwide sample of British adults: should we consider B12 fortification?*

Start date: September 2009

Dr Angelique Mavrodaris (Academic Clinical Fellow)

Project title: *Nutritional management of hypertension: cost versus benefit*

Start date: September 2009

Dr Emma Wong (Foundation Year 2 Trainee in Public Health)

Project title: *Cross-cultural comparison of correlates/determinants of quality of life between the US and UK*

Period: January-April 2010

Dr Sanjeet Guraewal (Foundation Year 2 Trainee in Public Health)

Project title: *Vitamin K levels and cardio-metabolic health: systematic review and meta-analysis*

Period: January-April 2010

Dr Camilla Day (Foundation Year 2 Trainee in Public Health)

Project title: *Vitamin D supplementation and depressive mood*

Period: September-December 2010

Dr Nicola Wilson (Foundation Year 2 Trainee in Public Health)

Project title: *Dietary advice for reducing cardiovascular risk: systematic review and meta-analysis*

Period: December 2010-April 2011

Dr Angharad de Cates (Foundation Year 2 Trainee in Public Health)

Project title: *Sleep problem, quality of life and general wellbeing*

Period: April-August 2011

Dr William Tigbe (NIHR Clinical Lecturer in Public Health)

Period: August 2011-present

Dr Matthew Farr (Foundation Year 2 Trainee in Public Health)

Period: August-December 2011

Dr Morag Jarvis (Foundation Year 2 Trainee in Public Health)

Project title: *Vitamin D and longevity*

Period: December 2011-April 2012

Dr Jennifer Holmes (Foundation Year 2 Trainee in Public Health)

Period: April 2012-August 2012

Dr Christian Drew (Foundation Year 2 Trainee in Public Health)

Period: August 2012-December 2012

Dr Joanna MacIver (Foundation Year 2 Trainee in Public Health)

Period: December 2012-April 2013

Dr Hannah Lunn (Foundation Year 2 Trainee in Public Health)

Period: April 2013-August 2013

Dr Rebecca Wheelhouse (Foundation Year 2 Trainee in Public Health)

Period: August 2013- December 2013

SAVERIO STRANGES, MD, PhD

Dr Christos Mousoulis (Academic Clinical Fellow)
Period: December 2013-present

Dr Morag Sime (Foundation Year 2 Trainee in Public Health)
Period: December 2013-April 2014

Dr Zainab Oseni (Foundation Year 2 Trainee in Public Health)
Period: April 2014-August 2014

Dr Obadah Ghannam (Foundation Year 2 Trainee in Public Health)
Period: August 2014-December 2014

LETTERS OF RECOMMENDATION/REFERENCES

1. **Prof. Richard P. Donahue**, Professor, Department of Social & Preventive Medicine, School of Public Health and Health Professions, State University of New York at Buffalo, Buffalo, NY, USA, email: rpdl@buffalo.edu
2. **Prof. Joan Dorn**, Medical Professor and Chair of the Department of Community Health and Social Medicine, Sophie Davis School of Biomedical Education, City College of New York (CUNY), NY, USA, email: Jdorn@med.cuny.edu
3. **Prof. Oscar H. Franco**, Professor of Preventive Medicine, Director ErasmusAGE, Department of Epidemiology, Erasmus MC, University Medical Center Rotterdam, The Netherlands, email: o.franco@erasmusmc.nl
4. **Prof. Eliseo Guallar**, Professor, Departments of Epidemiology and Medicine, and Welch Center for Prevention, Epidemiology and Clinical Research, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD, USA, email: eguallar@jhsp.h.edu
5. **Prof. Mark S. Kaplan**, Professor of Social Welfare, UCLA Luskin School of Public Affairs, Los Angeles, CA, USA, email: kaplanm@luskin.ucla.edu
6. **Prof. Mika Kivimäki**, Professor of Social Epidemiology, Department of Epidemiology and Public Health, University College London, London, UK, email: mika.epid@public-health.ucl.ac.uk
7. **Prof. James R. Marshall**, Senior Vice President for Cancer Prevention and Population Sciences, and Chair of the Department of Cancer Prevention and Population Sciences, Roswell Park Cancer Institute (RPCI), Buffalo, NY, USA, email: James.Marshall@roswellpark.org
8. **Prof. Margaret Rayman**, Professor of Nutritional Medicine, Nutritional Sciences Division, Faculty of Health and Medical Sciences, University of Surrey, Guildford, UK, email: m.rayman@surrey.ac.uk
9. **Prof. Maurizio Trevisan**, Dean, Sophie Davis School of Biomedical Education, Interim Provost, City College of New York (CUNY), NY, USA, email: mtrevisan@med.cuny.edu
10. **Prof. Victor Zammit**, Head of Division of Metabolic & Vascular Health, University of Warwick Medical School, Coventry, UK, email: V.A.Zammit@warwick.ac.uk